

STAINLESS STEEL CROWN POST OP CARE

Your child has had one or more teeth restored with stainless steel crowns.

- 1. Your child has had local anesthetic for their dental procedure:
 - a) If the procedure was on the lower jaw.. The tongue, teeth, lip and surrounding tissue may be numb or asleep.
 - b) If the procedure was in the upper jaw.. The teeth, lip and surrounding tissues may be numb or asleep.
- 2. It is important that you pay close attention to your child for two hours or until the numbness subsides. Children often will scratch, chew, suck, or play with the numb area. These actions can cause mild irritations or be severe enough to cause swelling and abrasions to the tissue.
- 3. The cement that holds the crown on the tooth requires approximately 12 hours to achieve its final set. Therefore, only soft foods should be chewed with any newly restored teeth today. Regular diet may resumed tomorrow.
- 4. Something cold is recommended right after the appointment such as popsicle sticks, ice cream, milk shake, etc. to help heal the gum tissue from the trauma received during the preparation of the crown.
- 5. Stainless steel crowns may be dislodged or pulled off if extremely hard or sticky foods are chewed with them. Hard or sticky candy and all types of chewing gums should be avoided.
- 6. It is not unusual for the gum tissue around the newly restored tooth to bleed a little and be slightly irritated or inflamed for several days. This can be eased using saltwater rinses several times a day while the irritation persists (1 teaspoon of salt in 8 ounces of warm water).
- 7. The area should be brushed gently today, gradually increasing to normal toothbrush pressure in a few days.
- 8. If the crown is on a baby tooth, it will get loose and come out when the adult tooth is ready to erupt.
- 9. Should a crown become loose or dislodged it should be saved and you should contact the dental clinic to have it recemented.
- 10. For discomfort use children's Tylenol, advil, or motrin as directed for the age of the child.
 - Occasionally your child's tooth might require root canal treatment, or nerve treatment, which involves removing part
 of all the nerve from a tooth. The success of a baby tooth pulpotomy/ pulpectomy depends on the severity of the
 inflammation in the nerve of the tooth, and the body's reaction to the inflammation and the treatment. A tooth may
 abscess with or without pain; therefore, it is recommended that a regular check ups be made in order to keep the
 teeth observation.

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