



KIDZANIA

Aubrey Pediatric Dentistry and Orthodontics

POST- TREATMENT INSTRUCTIONS

Space Maintainer / Appliances

Comfort: Sensitivity is expected after the placement of a space maintainer. The appliance often feels “different” for a few days after it is placed. Over-the counter pain medicine (children’s tylenol or motrin) may be given in the appropriate dose for the child.

Diet: Eating sticky foods may dislodge the space maintainer. Please have your child avoid eating sticky, chewy and gummy foods (i.e gum, careamels, taffy).

Oral Hygiene: It is important to maintain excellent oral hygiene following placement of the space maintainer since extra food debris and plaque can easily be trapped around the appliance. Your child **MUST** brush at least two times per day paying special attention to the bands around the molar (back) teeth.

Periodic Evaluation: Children with space maintainers should be seen by the dentist at a minimum of every 6 months for the routine examination for the evaluation of the bite, fit of the bands, and tooth eruption. Failure to return for follow up visits can lead to gum problems and captives. Once the space maintainer is ready for removal the dentist will remove it.

Loose Space Maintainer: If the appliance is loose enough to come out of the mouth, please place it in an envelope and call our office immediately so we can recement the space maintainer.